

City of Colo Newsletter

www.colo-iowa.org

City Hall Office Hours:
Monday - Friday 9:00 AM – Noon
Other times by appointment

July/August 2013

Colo Library News

The Colo Public Library is closed July 4. Dvd Special July 3rd, checkout any 2 dvds for \$1.00! Also, closed July 13 for the Colo Crossroads Festival.

Dig Into Reading at the Colo Public Library this summer! 10:00 on Mondays in July for K-6 graders. Come and enjoy stories and games about animals that burrow, pirates, buried treasures, caves, rocks and even Hobbits. Reading 5 books or more over the summer prevents learning loss.



The Journey Bound Quartet from Pella will be in concert at the Colo City Park on Sunday, July 14th at 10:30 a.m.

A 'free will offering' for the Colo/Nesco Benevolence Fund will be received.

This concert is sponsored by the Colo United Methodist Church.



Crossroads Festival T-Shirts

The cute royal blue t-shirts with the red truck are available at Colo Telephone Company, State Bank & Trust in Colo and Niland's Café at a cost of \$10 each.



Colo Lions Club Crossroads Festival Scavenger Hunt

It's easy! It's fun! \$175 in prizes!

First prize-\$100 – Second prize-\$50 – Third prize-\$25

Prizes will go to those with the most correct answers. If there are ties, winners will be drawn out of the hat. The entry brochure, showing the items to be found, will be available any time after 9:00 a.m., Monday, July 1st at Colo Telephone Company or State Bank & Trust. Get started early! You have 12 days to work. Simply locate the item in the photo, write down the address, give the information on the front and return your entry to the Colo Telephone Company or the State Bank & Trust by 4:00 p.m., Friday, July 12. Results at 2:00 p.m. in City Park.



2012 COLO WATER QUALITY REPORT NOW AVAILABLE

The annual "Water Quality Report" for the Colo Water Supply is now available for review. The report will not be mailed to every water customer this year. You can access the report via the internet using the following link: <http://iowaccr.org/Colo> . If you do not have internet access and/or would like to receive a paper copy of the report contact City Hall at 641-377-2238 or stop by City Hall at 209 Main Street during office hours.

Thank you to all the individuals and groups donating time & items to the Festival:

Sandy Cutler
Scentsy - Pat Timmerman
Heartland Co-op, Colo
Colo Lion's Club
Walmart in Ames
Advance Auto in Ames
Heartland Ag Supply, Ames
Colo United Methodist Church
KXIX 101.1
KDAO TV Marshalltown
4 H
FFA
Ryerson/Van Wall Implement, Nevada
Story Farm and Home, Nevada
Central Iowa Farm Store, Marshalltown
Krusman Implements, Sully
Thirty One Gifts - Katie Harrington
Joanie & Bob Jamison
Jim and Gail Collins
Collins Farms
Dan's Auto
Wilson Auction
Theisen's, Ames
Daryl's Gun Shop and Construction, State Center
Arnold Motors, Ames
Vetter Implement, Nevada
Casey's, Colo
Daily Auction
Colo Implement
Frohwein
Colo Library
Colo Telephone
State Bank & Trust - Colo
Niland's Café
TJ's Hiway



“Bloom With Us!” Theraband and Senior Exercise Classes for Seniors

Forty percent of seniors don't get enough exercise to fight off certain illness and infections, but with just a slight increase in specific exercise those statistics can change for many seniors. “Theraband exercises for seniors is really becoming a trend. It's fun. It's easy and it helps keep seniors healthier. These simple exercises reduce the risk of falls and injuries, and can improve overall activity level,” says Shelly Thompson, Community Liaison Director for Zearing Health Care Center. “Our responsibility as a healthcare facility is not only to provide exceptional healthcare to seniors, but to help them stay as healthy and active as possible even if they are not part of our facility family,” adds Shelly.

Theraband is an ultrathin rubber tubing that allows resistance training that seniors can use to improve muscular fitness and their ability to perform every day activities. Due to the “stretch” of the thin rubber, individuals can determine the exercise level of resistance from super easy (even done from a wheel chair), moderate, or even difficult levels. Theraband Exercises can be adapted to improve all areas of the body. During the BloomWith Us exercise class, seniors will learn low impact exercises to stay healthy longer!

Registration is limited, so please register early by calling Shelly Thompson at 641-487-7631 or 515-745-0476. You won't want to miss the opportunity to “bloom” this summer!

Crossroads Festival Sponsors

Thank you so much!! The Festival wouldn't be possible without you!

Alan Armbrecht - Titan Pro
Alliant Energy Corporate Contribution
Anonymous
BF & T Club
Bacon Funeral Home and Crematory
Blue Ridge, LLC
Dorothy Cerka - AVON Representative
CCM Wireless Inc
Casey's General Store
Chet Ryan Mortuary
City of Colo
Clover Leaf Club, Colo, Iowa
Colo Implement Co., Inc
Colo Library
Colo Lion's Club
Colo Parks and Recreation
Colo Telephone Company
Colo United Methodist Church
Daily Auction Co
Dan's Auto - Dan Dunlap, Owner
Deborah McIntosh Flaherty
FC& A Club
Claudia & Pat Fisher
Gannon Real Estate & US Farmlease
Haley Realty “Your Hometown Realtors”
Katie Harrington - Thirty One Gifts
Daniel R. Hobt, D.D.S. - Family Dentistry
Hormel Foods Corporation - Burke Corp
Janson Ag Service
Lincoln Highway Association
McKinney Seed - Ryan and Katy McKinney -Pioneer
Keith & Sue McKinney
Meller Insurance & Consulting Services
Nevada Vision Clinic, Robb Schmidt, O.D.
Niland's Café and the Colo Motel
S & J Installation - All construction needs
Scentsy by Pat Timmerman
State Bank & Trust Company
Twin Anchors Campground - John & Corky Angell
WO Club of Colo
Weir's Insurance
Wilson Auction Service



**Location: Zearing Health Care Center
Fireplace Gathering Area**

Dates: July 9, 23, August 6, 20

Time: 9:15 – 10:00

Light Healthy Breakfast served at 9:45

Completion Certificate at end of 4 courses!

Reserve your spot by calling Shelly at 641-487-7631

ATTENTION All Colo / Colo-Nesco Alumni

It's been 5 years since the last Alumni Directory was published. A group of alumni have agreed to try to get updated information for a new directory for graduating classes: *Colo High School (1895-1987) & Colo Nesco High School (1988-2013)*. Our goal is to have this ready and to the printer by Fall, but **WE NEED YOUR HELP!**

If you or family member(s) are Colo / Colo-Nesco Alumni and have had any changes in the last 5 years, please let us know. ***Or if you would be willing to get updated information for a specific class, that would be great too!*** We need help reaching alumni who reside outside of Colo, Zearing & McCallsburg. If you can send out a message to 'alumni' facebook friends or classmates you keep in touch with or even family members of Colo/Colo Nesco alumni. Any means of communicating to get updated information would be appreciated.

Any of the following information is used in the directory:

- **Name of Alumni** (**Note if Deceased*)
- **Year Graduated**
- **Occupation / Retired**
- **Spouse Name** (**Note if Deceased or Divorced*)
- **Children Names** (**Note if Deceased*)(*Do not list grandchildren as we are limited with space*)
- **Home Address**
- **Email Address** (**If you would like included*)

Information can be dropped off at Colo Telephone Co, Colo Public Library or State Bank & Trust in Colo, Zearing Public Library or Minerva Valley Telephone in Zearing. Or you can email information to alumni@netins.net

Colo / Colo-Nesco Alumni Directory Information: *PLEASE PRINT LEGIBLY*

Name: _____ Year Graduated _____

Occupation/Retired: _____

Spouse Name: _____

Children: _____

Address: _____

Email Address: _____

Schedule of Events for Colo Crossroads Festival
July 12, 13 &14

Friday Evening – July 12

- 5:00 p.m.-7:00 p.m. Pulled Pork Dinner @ Colo United Methodist Church – 4th & Voorhies St.
- 5:15 p.m. (until gone) Homemade Ice Cream & Dessert Stand
- 5:30 p.m. Cupcake Walk
- 6:30 p.m.-6:50 p.m. Registration for Prince and Princess contest- 4th & Voorhies St.
- 7:00 p.m. Crowning of Prince & Princess 2013
- 7:10 p.m. Kids Pedal Tractor Pull – Voorhies St.
- 7:30 p.m. Outhouse activities (volunteer coordinator needed!!)
- 9:00 p.m. Popcorn and Outdoor Family Movie “Here Comes the Boom” in the backyard of the of the parsonage at United Methodist Church. Please bring lawn chairs.

Saturday – July 13

- 6:30 a.m.-10:00 a.m. Breakfast at Niland’s Café
- 7:30 a.m. Tractor Ride sign up at Niland’s Cafe
- 7:45 a.m. Tractor Ride starts and goes until 10:15 a.m.
- 8:00 a.m. Soccer Club Biscuits & Gravy at Community Center
- 8:30 a.m.-9:00 a.m. Registration for Photo Contest – Community Center
- 9:00 a.m.-2:00 p.m. Photo Contest Display – City Park
- 9:30 a.m. Parade Registration at Heartland Co-op
- 10:00 a.m. Kiddie Parade Registration
- 10:15 a.m. Kiddie Parade
- 10:30 a.m. Crossroads Parade
- 11:00 a.m.-1:00 p.m. Colo Central City Park–Food Stands, Petting Zoo, Farmer’s Market, RBJ Trio
- 11:00 a.m.-2:00 p.m. Mini Golf by WO Club and Fish Pond by BF&T Club
- 11:00 a.m.-3:00 p.m. Tractor Show – 6th Street
 - Car Show – Voorhies between 4th & 6th St. with DJ Jason Collins
 - FFA “Car Bash” Fundraiser – 5th Street
- 11:00 a.m.-4:00 p.m. Inflatables for the kids-\$5.00 all day (at the park)
- 1:00 p.m. Sand Volleyball Tournament Begins – 5th Street
- 1:30 p.m.-3:00 p.m. Lion’s BINGO
- 2:00 p.m. Lion’s Club Scavenger Hunt Winners Announced in the park
- 3:00 p.m. Photo Contest winners announced in the park
- 8:00 p.m.-Midnight TJs Hideaway’s Main Street Dance featuring JJ ACE “Full House Rock”

Sunday Morning - July 14

- 10:30 a.m. “Journeybound” will perform at City Park, weather permitting. Coordinated by Colo United Methodist Church. Please bring lawn chairs.

The Friday night dinner will be served at the Methodist Church in the downstairs fellowship hall. The menu includes pulled pork sandwiches with BBQ sauce, creamy cole slaw, baked beans, chips, hot dogs for the kids, iced tea and lemonade.

Volunteers are always needed during the festival to help with set up and coordination. Please contact Pat Peakin (peakinlp@netins.net or 377-2960) with any questions or to volunteer to help.

We still need someone to make the Outhouse Races happen. Please volunteer!

Look for the darling boxes listing the 100 Reasons you all submitted as to why we Celebrate Colo!

See you at the Festival celebrating the Centennial of the Lincoln Highway!

The Crossroads Festival is possible because of the many volunteer hours from the Committee Members. A special thank you to:

Rick Halverson Katie Harrington Larry Johnson Linda Peakin
Pat Peakin Elaine Stucky Nancy Tucker Lisa Whitaker Sandii Huemann-Kelly

BACK TO SCHOOL CLOTHING SHARE

**SHOPPERS WANTED!
EVERYTHING IS FREE!!**

**ST. MARY'S CATHOLIC CHURCH
422 FOURTH STREET COLO**

Drop off: 5-7pm Monday, July 29, and 9am-noon, Tuesday, July 30, 2013
PLEASE USE THESE HOURS SO WE HAVE TIME TO PROCESS YOUR DONATIONS.
NEEDED: towels, children's sizes 5-14, maternity, ladies' plus sizes, pots/pans/baking dishes

Set up: 9am-4pm, Tuesday/Wednesday, July 30-31.

Shopping: 9am-7pm, Thursday, August 1
9am-5pm, Friday, August 2 (please note time)

Clean up: 6pm-7pm, Friday, August 2
Supper provided.

Volunteers are needed for this event. Please consider this your invitation to join us. It is a great way to meet new people and to serve others. Volunteers especially needed for clean up Friday night, moving chairs and tables.

COLO CARES NEWS

Thank you to all who have volunteered, shopped, and assisted at our clothing shares this year, as well as those of you who serve your friends and neighbors by helping with yard work, medical appointments, visiting the sick, taking meals, and doing all of the other wonderful things that are happening in our community. It is heartwarming to hear of the giving that goes on in Colo, and to be a part of it! Thank you!

There are many opportunities to volunteer in Colo, including the clothing share, serving on various committees for the Crossroads Festival, mentoring children at the school, changing light bulbs for an elderly neighbor, maintaining flowerbeds, coaching, or just visiting someone who is lonely.
Life is richer when you reach out.

We continue to accept used medical equipment for loan to community members. There is special need for new catheters and used walkers. We do not have a wheelchair.
There is no charge for the use of the equipment.

For information about the medical equipment loan service, or if there is a pressing need for a local family, please contact Brenda or Rose at 515-450-8456, or 377-2733.

COLO PRAYER GROUP

9:30am, Wednesdays, at the United Methodist church basement

6:30pm, Thursdays (contact Brenda for location)



The Colo Prayer Group is a Bible-based, non-denominational group that prays for Colo and beyond. All requests are kept confidential and names are optional. We have seen many answers to prayer, so please contact us if you have a pressing need. New members are invited to join us.

Come as you are and when you can.

Contact Brenda at 515-450-8456 or bmcguire25@hotmail.com

City of Colo
P.O. Box 294
Colo, Iowa 50056-0294

City Hall Business Office
Mon.-Fri. 9:00 a.m. – 12:00 noon
& other times by appointment
641-377-2238
www.colo-iowa.org
colocity@netins.net

Presort Standard
ECR WSS
US Postage Paid
Colo, IA 50056
PERMIT 14

Postal Patron
Colo, IA 50056



Lions Club Eye Recycling

There is a box at State Bank & Trust in Colo for eye glasses you no longer need or use. Please don't throw them away, put them in the recycling box at the bank!

City Hall will be closed July 4th to observe Independence Day.

City Council
Meetings
Monday, July 8 – 7:00 p.m.
at City Hall
Monday, Aug. 5 – 7:00 p.m.
at City Hall
Open to the Public



Articles for the
Sept - Oct
Newsletter are due
by
August 20th