

Summary of AHA Courses Provided by Eagle Grove EMS

CPR for Family and Friends The most basic course available to the general public is the CPR for Family and Friends. The course is designed to meet the needs for lay rescuers who are learning to protect family members, friends and co-workers. The course prepares lay rescuers to perform CPR and relieve FBAO in responsive adult or infant or child. The course consists of two modules: adult CPR and infant and child CPR. Each of these modules can be completed in two hours.

Course	Manual	Target Audience	Sample Provider
CPR for Family and Friends	CPR for Family and Friends	General lay public	Any lay person interested in learning CPR (no credential)

Heartsaver CPR The course is designed for lay responders who are serving as rescuers as part of their job responsibilities and are not required to use and AED. This course is for anyone who is being trained to perform CPR and relief of FBAO for coworkers or the general public. The curriculum includes training in the use of barrier devices (face shields and mouth-to-mask devices) to deal with common concerns for aesthetic issues and the transmission of infectious disease.

The curriculum is approximately 3 to 6 1/2 hours length and consists of two modules: adult CPR and infant and child CPR. These modules are each approximately 3 hours in length. These modules can be offered separately or combined as a 6-to 6 1/2-hour course.

Participants in a heartsaver CPR course must achieve a minimum of 84% on an annotated written examination and successfully complete a skill evaluation in CPR (adult infant and child) and relief of FBAO in the responsive victim.

Course	Manual	Target Audience	Sample Provider
Heartsaver CPR	Heartsaver CPR	Lay Responders	Police, firefighters security personnel lifeguards, offices workers, and other lay persons that will act as responders and who require a credential

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BLS for Healthcare Providers BLS for Healthcare Providers is designed for healthcare professionals, including physicians, dentists, nurses, paramedic, EMTs, nursing assistants, and a wide variety of persons working in healthcare industry. It also should be used for anyone preparing to become a BLS instructor. This would include laypersons such as teachers who will be training participants in middle school or high school.

The content for the BLS for Healthcare Providers Course is more extensive than that taught in either the Heartsaver CPR. The BLS for Healthcare Providers Course curriculum includes relief of FBAO in both responsive and unresponsive victims, bag-mask ventilation as well as rescue breathing with mouth-to-mouth and mouth-to-barrier device ventilation, use of an AED for adults, and 2-rescuer CPR. The course curriculum is approximately 6 to 8 hours in length.

Participants in a BLS for Healthcare Providers course must achieve a minimum of 84% on an annotated written examination and successfully complete a skill evaluation in all adult and pediatric BLS skills (including 1- and 2-rescuer CPR and use barrier devices and bag-mask ventilation) and use of an AED.

Course	Manual	Target Audience	Sample Provider
BLS for Healthcare Providers	BLS for Healthcare Providers	Licensed and certified healthcare providers and those that wish to be BLS instructors	Physicians, nurses, paramedics, respiratory therapists, physicians assistants, other license healthcare providers, and prospective BLS instructors
	Fundamentals of BLS for Healthcare Providers	No licensed and certified healthcare providers and those that wish to become BLS instructors	Nursing assistants, dental assistants, phlebotomists, and other no licensed healthcare providers